

**Homer Senior  
Citizens, Inc**

*Harbor Lights*  
Newsletter

**December 2024**

3935 Svedlund St. Homer, AK 99603

Phone: 907-235-7655 Fax: 907-235-3739

Monday through Friday, 8 a.m. to 5 p.m.

**CORE VALUES**

**Respect, Accountability, Trust, Integrity and Quality**



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As we step into the holiday season, there's an undeniable magic in the air—twinkling lights, warm gatherings, and the spirit of giving. Here at Homer Senior Citizens, Inc., we are embracing the season with open arms and looking forward to a bright future for our community.

This month, the spotlight of our newsletter is on something truly important: the proposed updates to our by-laws. These by-laws serve as the foundation for how we operate and grow as an organization, ensuring we continue to meet the needs of our residents, families, and the greater Homer community.

Inside this edition, you'll find the full proposed draft for your review. These updates reflect thoughtful consideration and aim to align our governance with the highest standards of excellence. Your input is invaluable to this process, and we encourage you to engage with these changes, ask questions, and share your feedback.

As we gather around holiday tables and celebrate the joy of the season, let's also take this time to strengthen the foundation of our shared community. Together, we can ensure that Homer Senior Citizens, Inc. continues to be a place where care, compassion, and connection thrive.

Spread Cheer This Year

Support HSC and Brighten a Senior's Day!

Donate today:

[www.homerseniors.org](http://www.homerseniors.org)

# HOMER SENIOR CITIZENS, INC

3935 Svedlund St., Homer, AK 99603

Phone: 907-235-7655 Fax: 907-235-3739

www.homerseniors.org

HOURS: M-F 8 am to 4 pm

**CONGREGATE MEALS:** Served Monday through Friday 11:30am to 12:30pm at HSC.

**HOME DELIVERED MEALS:** Call-in by 9:00am, Monday - Friday.

**ADULT DAY SERVICES:** Monday thru Friday 7:30am to 4:00pm.

**NOTARY SERVICE:** Located at the HSC office.

**VOLUNTEER OPPORTUNITIES:** Please call 907-235-7655

**SENIOR HOUSING:** Senior Apartments. Call 907-325-7655 for more information.

**VOLUNTARY DONATIONS ARE ACCEPTED FOR ALL SERVICES**

SUGGESTED DONATIONS – PER PERSON/ SENIORS AGE 60+

**CONGREGATE MEALS:**

Seniors 60+.....	\$7.00
Guest 12-59.....	\$15.00
Guest Under 12.....	\$5.00

**HOME DELIVERED**

**MEALS:**.....\$7.00



## CORE PURPOSE

Independence and a healthy continuum of care for seniors.

## CORE VALUES

Respect, Accountability, Trust, Integrity and Quality

## OUR MISSION

Our mission is to cultivate a wholistic and respectful community through enriching, dynamic, independent Living.

### Department Managers

Interim Executive Director.....	Sarah Weideman
Human Resources.....	Paula Frisinger
Finance Manager.....	Vacant
Housing Manager.....	Rosalyn Rose
Resident Manager.....	Nicole LaBombarde, LPN
Adult Day Services.....	Debra Rowzee
Terrace Manager.....	Kristina Henry



Dear Members,

As we navigate a season of growth and change at the Homer Senior Center, I'm excited to share some important updates from the Board of Directors. It's been a busy and productive time, and I'm writing to you today as the Bylaws Committee Chairperson to provide insight into one of our major projects: updating our organization's bylaws.

The Bylaws Committee has been working diligently over the past months to review, revise, and modernize the structure that guides our center. It is our hope that these updates reflect our collective desire to ensure the center is a vibrant, inclusive and transparent organization that is well-prepared to serve our community for many years to come.

Here are a few highlights of the proposed changes:

- **Membership Updates:** While I know that many of you wanted to see us remove the Associate Membership and have one Regular membership, we looked at doing this and ultimately, we need to have both at this time to be in compliance with our Articles of Incorporation which requires our Regular membership to be 55+. However, with this new proposed draft, BOTH Regular and Associate Memberships will have full voting rights and the opportunity to sit in full capacity on the Board of Directors, with the assurance that at least three board members will always be aged 55 or older. Additionally, all residents in independent and assisted living will automatically become members.
- **Board Member Guidelines:** Term limits will now ensure fresh perspectives on the board, with a maximum of two consecutive terms or six total years of service. Board members must live on the lower Kenai Peninsula and maintain active engagement, with attendance expectations outlined to uphold accountability.
- **Improved Voting Processes:** We've introduced greater flexibility for members during elections. All members will receive No-Excuse Absentee Ballots for any reason, and each ballot will always include three write-in candidate options to ensure that the membership always has a say in who they elect.

These changes are designed with your voices and needs in mind. Our goal is to create a framework that supports a caring and dynamic environment where everyone can thrive. Your feedback has been invaluable, and I encourage you to continue sharing your thoughts.

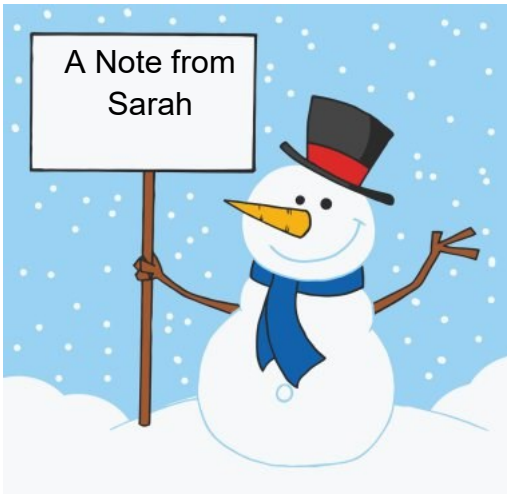
I hope you'll take time to review the proposed changes and join us in voting to pass the new bylaws in the coming month. If you have questions or comments, feel free to email me or leave feedback through our website.

Thank you for your trust and support as we move forward together.

Warm regards,

*Tiffanie Story*

Bylaws Committee Chairperson



Dear Residents, Families, & Community Members,

Happy holidays to you all! As we move forward together, I want to take a moment to reflect on the recent changes and updates here at Homer Senior Citizens, Inc. The past few months have brought significant insights, and I am truly grateful for the overwhelming support we've received from our wonderful community.

I am thrilled to announce an exciting partnership with South Peninsula Hospital (SPH) that will significantly enhance the level of care and service we provide at Friendship Terrace. In addition to donating a medication cart, SPH has graciously offered a year of complimentary consultation services to help us improve the resident experience.

This collaboration includes assistance in implementing standardized policies and procedures, as well as raising our standards of excellence in senior care. To support this effort, SPH team members—such as registered nurses, certified nursing assistants, and the Medical Director, Director of Nursing, and Licensed Nursing Home Administrator from Long Term Care—may occasionally visit our facility.

We are also actively recruiting a full-time Registered Nurse Manager to join our team, and in partnership with SPH, we are planning to expand training opportunities and offer scholarships to our caregivers. These efforts will allow us to increase the number of licensed Certified Nursing Assistants on staff, further strengthening the exceptional care we provide.

Meanwhile, we continue to work diligently through our financial audit and the rebuilding of our accounting records, ensuring transparency and accountability for the future.

I want to thank you all again for your unwavering support and encouragement during this time of change and progress. Your involvement and trust inspire us to strive for excellence every day.

On behalf of the entire team at HSC, I wish you and your families a joyful and peaceful holiday season. We are excited about the road ahead and are committed to making Homer Senior Citizens, Inc. a place of comfort, care, and community for all.

*Sarah Weideman*, Executive Director

# New Activities to Beat the Winter Blues!

At Homer Senior Citizens, Inc., we're excited to bring some fresh fun and relaxation to your December calendar! Whether you're looking for a little friendly competition or a way to unwind, we've got you covered.

## Friday Cribbage Craze



Grab your cards and your game face! Starting this month, join us every Friday at 2:00 PM in the activity room for **Cribbage Fridays**.

Whether you're a seasoned pro or just learning the ropes, this classic game of strategy and fun is the perfect way to spend an afternoon.

Don't know how to play? No problem! Our friendly group will gladly show you the ropes.

## Holiday Calm Workshop with Lucy Mahan, LPC

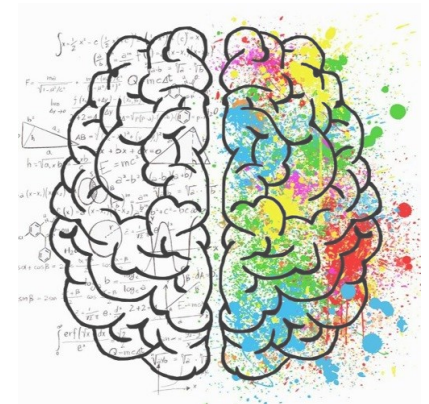
The holiday season is magical, but let's be honest—it can also be a bit overwhelming. That's why we're thrilled to offer a special 30-minute workshop on **Monday, December 18th, at 2:00 PM** to help you find your calm amidst the holiday hustle.

Lucy Mahan, LPC, will guide you through a relaxation session designed to soothe your nervous system using the power of bi-lateral music. This workshop is perfect for anyone who wants to step away from the holiday chaos and reset.

## What to Bring:

- Headphones
- A device to connect to (cell phone, iPad, computer, etc.)

You'll be listening to **bi-lateral music** during the session, which you can access in advance at this link: **Bilateral Music**. (<https://www.youtube.com/watch?v=3AAH7vINhmQ&t=176s>)



## Cost:

- Residents: Free
- Non-Residents: \$20.00

## Stay Informed!

Our activity calendars are located at the end of this newsletter and are always available on our website at [www.homerseniors.org](http://www.homerseniors.org). The website has the most up-to-date information, so check it out often to stay informed about all our happenings!

Don't miss this opportunity to care for yourself during this busy season. Spaces may fill up quickly, so mark your calendars and join us for some well-deserved relaxation and fun! 5

## Have Your Say:

### Proposed By-Laws Update Needs Your Input!

The by-laws of Homer Senior Citizens, Inc. play a critical role in guiding our organization and ensuring its success in serving our community. The version included in this newsletter reflects the proposed updates in their entirety.

For those who would like to review the changes in detail, we've provided a version with change tracking on our website. This version highlights the differences between the current by-laws and the proposed updates, offering a clear view of the modifications.

Your feedback is critical to this process! Please visit [www.homerseniors.org](http://www.homerseniors.org) to access the change-tracked proposal and email your thoughts to Tiffanie Story at [tstory.hsc@gmail.com](mailto:tstory.hsc@gmail.com). We appreciate your engagement as we work together to strengthen our organization!

#### PROPOSED DRAFT

#### BY-LAWS OF HOMER SENIOR CITIZENS, INC.

#### ARTICLE I

#### NAME AND OFFICE

The name of this organization shall be Homer Senior Citizens, Inc. a non-profit 501c3 organization and is incorporated in the State of Alaska.

The principal office of the corporation, Homer Senior Citizens, Inc. shall be located in the Senior Citizens Center at 3935 Svedlund Street in the City of Homer, in the State of Alaska.

#### ARTICLE II

#### PURPOSE

The purpose of Homer Senior Citizens, Inc. shall be to provide and operate facilities, programs and services that enhance the personal well-being and quality of life of our senior older citizens in the Homer area.

HSC will make decisions and plans based upon the mission statement to remain in compliance with the IRS Designation of a non-profit.

“Homer Senior Citizens cultivates a wholistic and respectful community through. enriching, dynamic, independent living.”

### ARTICLE III RESPONSIBILITIES

#### Section 1.

The Corporation shall at all times meet the requirements, comply with policies and maintain standards as established by its funding agencies.

#### Section 2.

The Corporation shall see that funds necessary to finance its work are secured in accordance with the policies of the Corporation and its funding agencies.

#### Section 3.

There shall be prepared and made available a duly audited financial statement at the time and in the manner required by the funding agencies or more often if desired by the Board.

#### Section 4.

The Corporation shall hold title to all Homer Senior Citizens Inc. property, both real and personal, with complete authority for disposal of property in accordance with Article III of the Articles of Incorporation.

#### Section 5.

The title to personal property purchased by the Corporation with funds secured under a contract or grant from another agency shall conform to the terms of ownership and disposition included in the contract/grant or the policies of the contracting/granting agency.

#### Section 6.

The treasurer will review the monthly reconciliation of all accounts and financial transactions with the assistance of the Executive Director and Financial Director, ensuring that there is an accurate account of all monies received and paid out and that sound fiscal controls are in operation.

All checks, drafts or orders for payment of money, notes or other evidence of indebtedness issued in the name of the Corporation shall require two signatures of officers or agents of the Corporation, with the threshold for requiring two signatures determined by the Board of Directors' Payment Policy.

#### Section 7.

The Board of Directors may accept on behalf of the Corporation any combination gift, bequest or device for the general purpose or for any special purpose of the Corporation.

## ARTICLE IV

### MEMBERS

#### Section 1. Members

Any United States citizen fifty-five (55) years of age or older shall be eligible for membership regardless of race, origin, color or creed.

Any individual eighteen years of age or older shall be eligible to become an Associate Member of the Corporation.

Both Regular and Associate members are entitled to vote in any election or on matters presented to the membership and are eligible to serve in full capacity on the Board of Directors.

Any business or corporation shall be eligible to become a Business Associate member of the corporation.

#### Section 2. Dues

Regular, Associate and Business Associate Membership in the Corporation shall be obtained by payment of dues any time during the fiscal year.

Dues are renewable January 1, annually and must be current for Regular and Associate Members to vote at any membership meeting of the Corporation.

The amount of dues for Regular, Associate Membership, and Business Associate Membership shall be established in Board Policy.

#### Section 3. Voting

Regular and Associate Members shall have the right to one (1) vote on any matter brought before the membership at the annual meeting or at a special meeting.

Business Associate Members are supportive, therefore, do not have the right to vote on matters that shall come before the membership, but shall have the right to attend meetings and speak on issues that come before the membership.

#### Section 4. Membership Benefits

Regular, Associate, and Business Associate Members shall have rights and benefits as adopted by the Board in Board Policy.

## ARTICLE V

### NOMINATIONS

#### Section 1.

Members of The Corporation at its Annual Meeting may nominate and elect up to five members of a nominating and membership committee. One member shall be appointed from the Board by the President of the Board and shall serve as Chairperson of the committee.



The nominating and membership committee shall serve for a term of one (1) year. No member shall serve more than three (3) consecutive years.

The Nominating and Membership Committee must consist of at least five (5) members but may have more at the discretion of the Chairperson.

If fewer than five members are elected to the committee, or if elected members are unable or unwilling to serve, the committee chairperson will seek additional members to ensure a minimum of five members on the committee.

#### Section 2.

The nominating and membership committee shall actively search out nominees for the board and submit all applicants its recommendations to the board at least sixty forty-five (45) days before the annual meeting, for inclusion on the ballot.

This committee shall also interview the nominees for the Board and submit its recommendations to the board for approval for all vacancies occurring during the year.

### Article VI

#### BOARD VACANCIES

##### Section 1.

Except as otherwise provided, any vacancies occurring in the board of directors, whether by resignation or removal, shall be filled by the majority vote of the remaining directors. In the event of the simultaneous resignation and/or removal of three or more directors, the membership shall hold new elections to fill those vacant positions on the board.

If at any time the number of board of directors is less than five, a special membership meeting must be called to fill those vacant positions. Those directors so elected by the board of directors or by the membership shall serve for the unexpired term of the director's predecessor in office. A vacancy must be filled within 90 days or at the next Annual meeting, whichever occurs first.

### ARTICLE VII

#### ELECTIONS OF THE BOARD

(Annual Meeting or Special Meeting with the Membership)

##### Section 1.

Elections shall be by ballot. When there is only one nominee for office, a voice vote shall be in order.

##### Section 2.

All nominees must be submitted in advance. The deadline for nominations shall be forty-five [45] days before the election to allow all candidates to be included on the official ballot.

Each ballot shall include space for up to three (3) write-in candidates. Members may nominate additional individuals by writing in their names on the ballot, provided the nominee meets the requirements outlined in Article X, Section 1 of the Bylaws.

Section 3.

Absentee ballots shall be opened and counted after the regularly cast ballots are tabulated. Only those absentee ballots received on or prior to the start of business the meeting on election day will be counted.

ARTICLE VIII

OFFICERS

Section 1.

Each officer of the Corporation can hold only one position. The officers are President, Vice-President, Secretary, and Treasurer.

Section 2.

The election of officers shall be held immediately following final count of the votes at the annual meeting of the Corporation.

The officers shall be elected by a majority vote annually by the Board of Directors of the Corporation from within the Board for a term of one (1) year.

All newly elected board members and officers shall assume their positions immediately upon election.

Section 3.

The President shall be the chief corporate officer and shall perform all duties usually pertaining to the office and as directed by the majority of the Board and shall appoint with approval of the Board of Directors chairpersons of committees of the Board. The President shall submit an annual report to the members of the Corporation at the annual meeting. The President may assign duties to other officers. The president will be responsible for the monthly board meeting agenda with staff assistance.

b) The Vice-President shall assist the President in the exercise of the President's duties and perform the duties of the president at all times when the president cannot give active service.

c) The Secretary shall be responsible for the minutes of all meetings of the Corporation and the Board of Directors and perform other duties pertaining to that office.

d) The treasurer shall render appropriate GAAP reports to the board at each monthly meeting and at the Annual meeting and provide an accompanying report on the Corporation's financial status.

ARTICLE IX

CORPORATE MEETINGS

Section 1.

The Annual Meeting of the Corporation shall be held on the third Thursday of May.

Notice of the Annual Meeting shall be advertised and posted not less than thirty (30) days prior to the meeting on the website, email to membership as well as other applicable means as directed by the Board.. Such notice shall include the full meeting agenda, and bios of Board Applicants for election.

## Section 2.

The purpose of the meeting shall be:

- to elect members of the Board of Directors,
- to amend By-Laws and Articles of Incorporation, as may be determined,
- to receive reports of the Offices and Board of Directors,
- to consider such other business as may come before the meeting.
- to hear comments and/or concerns from the membership.

## Section 3.

The agenda shall be prepared by the Administration under the direction of the Board President. This shall not preclude introduction of other business from the floor.

## Section 4.

Special meetings of the membership may be called by the President or upon written request of three (3) Directors or five (5) percent of the total number of membership.

Notice of special corporate meetings shall be advertised and posted not less than ten (10) days prior to the meeting unless an item on the agenda requires a longer time for notice. No business shall be conducted except that mentioned in the call of the special meeting.

## Section 5.

Any voting member may request an No excuse absentee ballot for any reason.

There are three (3) methods to receive an absentee ballot:

- 1) Absentee voting in person.,
- 2) By Personal Representative as per the voting policy
- 3) By Mail, as per the voting policy.

Ten percent (10%) of current paid members of the Corporation shall constitute a quorum at any Annual or Special Meeting of the Corporation.

## Section 2.

Board Members may serve no more than two (2) consecutive terms, or six (6) consecutive years in total.

## Section 3.

Regular meetings of the Board shall be held monthly or more often if required, at a time to be established by vote of the Board. and will be open to the public. The Board President may cancel a regular meeting depending upon extenuating circumstances.

Special meetings may be called by the President or any three (3) Board Members to make decisions between regular Board meetings. The Special Meeting will be either via teleconference, email or in person and must be certified at the next regular Board meeting.

Work sessions may be convened by the President between regular Board meetings to discuss and address specific matters. All Board members shall be notified of such sessions, though attendance is not mandatory. No formal decisions or actions will be taken during these work sessions. No public notice needed for work sessions.

The President may call for a Poll Vote of the Board of Directors by email to make decisions between regular Board meetings. The Poll Vote must be certified at the next regular Board Meeting.

A minimum of five of the members of the Board of Directors shall constitute a quorum and be able to conduct business. When a minimum quorum of five is present, passage of any motion requires a unanimous vote.

The Board of Directors will be allowed to attend meetings via teleconference or other virtual platforms if advance notice of absence is provided to the Board President. However, no Board member shall miss more than three consecutive board meetings in person, or more than five total board meetings in person, within a calendar year, without majority board approval.

## Section 4.

The management of the Corporation is vested in the Board which shall exercise all powers of the Corporation.

## Section 5.

The Board of Directors shall be accountable to the membership and funding agencies for the management and operation of the Corporation and shall make regular reports to the membership.

## Section 6.

It shall be the responsibility of the Board to establish policies for the operation and management of facilities, programs and services when not in conflict with granting/contracting agen-

## Section 7.

No director or officer of the Board shall receive compensation for his/her services other than reimbursement for actual expenses incurred on authorized business.

## Section 8.

Any member of the Board may be removed by a two-thirds (2/3) vote of the Board at any regular or special meeting provided thirty (30) day notice has been given to the member with the member having the opportunity to be heard..

Three consecutive unexcused absences of a Director from regular board meetings shall automatically constitute removal from the board.

Vacancies shall be filled by the Board of Directors for the remainder of the term within 90 days or at the annual meeting of the corporation, whichever occurs first. m.

## Section 9.

Any member of the Board who has a financial and/or personal interest in, or conflict (or perception of a conflict) with any matter pending before the Board which may prevent that member from acting in an impartial manner, will offer to the Board to voluntarily excuse oneself and will abstain from voting on said issue.

## Section 10.

No director or officer of the Board shall enter into contractual agreements, formulating policy and procedures or supervising staff. The Board of Directors shall make decisions in the name of the corporation convened by its Chairperson at a regular or special meeting after due notice to all the directors of such meeting.

No director or officer of the Board may act in the name of the corporation to manage or initiate projects or services unless directed by the Board of Directors.

## Section 11.

Failure to comply with Sections 9 and/or 10 will result in Board Action following Section 8.

# ARTICLE XI

## EXECUTIVE COMMITTEE

### Section 1.

The Executive Committee shall consist of four elected officers (President, Vice-President, Secretary and Treasurer.)

## Section 2.

The Executive Committee shall have and exercise the authority of the Board of Directors during intervals between meetings of the Board of Directors except that the Executive Committee shall not have the authority of the Board in reference to:

Approving and/or removing members of the Corporation, Board of Directors, or employees, or Entering into binding contracts for the Corporation.

## Section 3.

The Executive Committee shall keep full written records and accounts of its proceedings and transactions. All actions of the Executive Committee shall be reported in writing at the next meeting of the Board of Directors. All votes, actions and transactions must be certified at the next regular Board Meeting.

# ARTICLE XII

## COMMITTEES OF THE BOARD

### Section 1.

The Board of Directors shall establish and determine the functions of such standing committees, special committees and Advisory Committees, as it deems necessary, to assist the Board in carrying out its functions.

### Section 2.

The president, with the advice and approval of the Board, shall appoint a chairperson for each committee, from within the Board Membership when feasible.

The chairperson of each committee shall appoint (select) the members of his/her committee from the Regular, Associate or Business Associate membership.

Chairpersons and members of committees and Advisory Committees shall be appointed for a one (1) year term, and shall be eligible for reappointment.

No member shall serve as chairperson on any one committee for more than three (3) consecutive years.

Chairpersons and members of the special committees shall be appointed for the period of time necessary to perform its functions or tasks and shall be automatically disbanded upon submitting its final report to the Board.

# ARTICLE XIII

## EXECUTIVE DIRECTOR

## Section 1.

The Board of Directors shall be responsible for the recruitment & employment of a qualified Executive Director in accordance with the Personnel Policies of the Corporation.

## Section 2.

The Board of Directors, by a majority vote of the total Board, shall have the authority to release the Executive Director, provided thirty (30) day notice in writing has been given to the entire Board and the Executive Director.

## Section 3

The Board President shall select a Search Committee Chairperson within 30 days of a vacated Executive Director seat. The Search Committee shall follow the position description and roles as outlined in the Search Committee Policy.

An Interim Executive Director shall be appointed by the Board to fulfill day-to-day operations. During this time, the organizational structure, operational policies and staff will remain status quo unless the Board of Directors has given Board approval for emergency changes. The Interim Executive Director may be in this position for up to one year.

## ARTICLE XIV

### PARLIAMENTARY AUTHORITY

The most current edition of Robert's Rules of Order shall govern all formal meetings of the Corporation..

## ARTICLE XV

### AMENDMENTS/REVISIONS

These bylaws may be amended at an Annual or Special Meeting of the Corporation by a majority vote of the members present and voting, including absentee votes, if a written copy of the proposed amendment, is sent to all members at least thirty (30) days prior to such meeting.

## ARTICLE XVI

### MEETINGS, NOTICE, QUORUM AND VOTING; REMOTE COMMUNICATIONS

#### Section 1. Definition.

"Remote communications refer to methods such as video calls, phone conferences, emails, online messaging, and other digital tools that enable real-time interaction, even when people are not in the same location."

## Section 2. Authorization and Quorum.

The Corporation is authorized to hold all meetings, including meetings of the Members, the Board, and Committees, at a designated place, in a manner that is either in-person, or is both in-person and by remote communications, or is solely by remote communications.

## Section 3. Notice.

If written notice of a meeting of the members or the Board is required by these bylaws, the notice shall include the designated place, the date and hour of the meeting, and the manner of the meeting. If the manner of the meeting includes or is to be held solely by remote communications, the notice shall include the information on the method(s) of participation by remote communications. In the case of a special meeting, the notice shall include the purpose or purposes for which the meeting is called.

Written notice shall be delivered at least ten (10) business days before the meeting to the persons entitled to notice unless a longer time period is required by the articles of incorporation or elsewhere in these bylaws. Delivery may be in person, by mail, by facsimile, or by email. If mailed, the notice shall be considered to be delivered when deposited in the United States mail addressed to the member or director at the member's or director's address as it appears on the records of the Corporation, with

postage prepaid. If transmitted by fax or by email, the notice shall be considered to be delivered when faxed or emailed to the member's or director's fax number or email address as it appears on the records of the Corporation.

## Section 4. Quorum and Voting.

If a meeting is held by manner including remote communications, persons attending the meeting by use of remote communications shall be counted for the purpose of determining a quorum for the meeting.

Members holding one-tenth of the votes entitled to be cast, represented in person, by remote communication, or by proxy, constitute a quorum at a meeting of members. However, in no event may a quorum of members consist of less than one-tenth of the votes entitled to vote at a meeting. If a quorum is present, the affirmative vote of a majority of the votes represented at the meeting and entitled to vote on the subject matter is the act of the members, unless the vote of a greater number is required by the articles of incorporation or elsewhere in these bylaws.

A member or director entitled to vote at any election or meeting may vote in person or may vote by remote communication, by proxy executed in writing by the member or director, or by the attorney-in-fact for the member or director, or by proxy executed by facsimile or email transmission by the member or director or by the authorized attorney-in-fact of the member or director.



## ARTICLE XVII

### INDEMNIFICATION CLAUSE

Any person who was or is a party or is threatened to be made a party to any threatened, pending or completed action, suit or proceeding, whether civil, criminal, administrative or investigative by reason of the fact that he is or was a director, officer, employee or agent of the Corporation or is or was serving at the request of the Corporation as a director, officer or agent of another corporation, partnership, joint venture, trust or other enterprise, shall be indemnified by this Corporation to the full extent permitted under the Alaska Nonprofit Corporation Act, except for intentional torts or other willful acts. Any determination required by said Act to be made as to the propriety of any indemnification shall, whenever appropriate and permitted by the Act, be made by a vote of a Quorum consisting of disinterested directors or by any other person which such directors may by law appoint. Any indemnification under this Article shall not be deemed exclusive of any other rights to which those indemnified may be entitled under any Bylaw, agreement, vote of disinterested directors, provisions of law or otherwise, and shall continue as to a person who has ceased to be a director, officer, employee or agent and shall inure to the benefit of the heirs, executors and administrators of such person. The Corporation shall have power to the extent permitted by the Alaska Nonprofit Corporation Act to purchase and maintain insurance on behalf of any person who is or was a director, officer, employee or agent of the Corporation or is or was serving at the request of the Corporation as a director, officer, employee or agent of another corporation, partnership, joint venture, trust or other enterprise against any liability asserted against him and incurred by him in the power to indemnify him against such liability under the provisions of this Article.

Simply put:

If someone is, or could be, involved in any legal action (civil, criminal, administrative, or investigative) because of their role as a director, officer, employee, or agent of our organization (or if they were acting in this capacity for another organization at our request), our organization will protect them to the fullest extent allowed by Alaska law. This protection does not cover intentional harmful acts or willful misconduct.

Decisions about whether indemnification is appropriate will be made by a group of unbiased directors, or by someone they appoint, as allowed by law. This indemnification is in addition to any other rights or protections the person may have.

The organization can also purchase insurance to cover any current or former director, officer, employee, or agent against liabilities related to their role, as permitted by Alaska law. This protection extends to their heirs, executors, and administrators.



Silver Lining Café

# December 2024

November '24  
 S M T W T F S  
 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30

January '25  
 S M T W T F S  
 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31

February '25  
 S M T W T F S  
 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

1

2

3

4

5

6

7

Baked Chicken  
 Tricolor Couscous &  
 Quinoa Blend  
 Roasted Beets  
 Corn Bread

Beef Brisket  
 Roasted Potato  
 Corn  
 Corn Bread

Herbed Turkey  
 Orzo & Pecan Saute  
 Broccoli  
 Wheat Dinner Roll

Roast Beef  
 Mashed Potato/Gravy  
 Mixed beans  
 Wheat Dinner Roll

Sweet & Sour Chicken  
 Stir Fry Vegetables  
 Baby Corn  
 Rice  
 Corn Bread

8

9

10

11

12

13

14

Beef Stroganoff  
 Noodles  
 Green Beans  
 Wheat Dinner Roll

Chicken Almondine  
 Rice  
 Mixed Veggies  
 Egg Roll

Pulled Pork Sliders  
 Macaroni Salad  
 Baked Beans  
 Corn Bread

Spaghetti & Meat Sauce  
 Cauliflower  
 Garlic Bread

Cod  
 French Fries  
 Peas  
 Wheat Dinner Roll

15

16

17

18

19

20

21

Baked Thyme Chicken  
 Oven-browned Potato  
 Savory Summer Squash  
 Corn Bread

Meat Loaf  
 Mashed Potatoes/Gravy  
 Brussel Sprouts  
 Wheat Dinner Roll

Ham  
 Scalloped Potatoes  
 Mixed Vegetables  
 Wheat Dinner Roll

Turkey  
 Sage Bread Dressing  
 Zucchini & Onions  
 Wheat Dinner Roll

Mongolian Beef  
 Rice  
 Green Beans  
 Egg Roll  
 Corn Bread

22

23

24

25

26

27

28

Chicken Wings  
 Garlic Parmesan pasta  
 Green Peas  
 Wheat Dinner Roll

Christmas Eve  
 Pork Roast  
 Mashed Potatoes  
 Mixed Vegetables  
 Wheat Dinner Roll

Christmas Day  
 CLOSED

Soft Tacos  
 Refried Beans  
 Southwestern Corn Salad  
 Corn Bread

Baked Salmon Dijon  
 Herbed Potatoes  
 Roasted Asparagus  
 Wheat Dinner Roll

29

30

31

1

2

3

4

Beef Stroganoff  
 Noodles  
 Green Beans  
 Wheat Dinner Roll

New Year's Eve  
 Bruschetta Chicken  
 Herbed Rice  
 Baked Beans  
 Wheat Dinner Roll

New Year's Day  
 CLOSED

Mongolian Beef  
 Rice  
 Green Beans  
 Egg Roll  
 Corn Bread

Chicken Parmesan  
 Garlic Pasta  
 Cauliflower  
 Wheat Dinner Roll

Notes

For Home Delivered Meals -- please call (907) 235-4550

Menu is subject to change based on product availability.

Suggested Donation \$7.00 per meal for 60+ \$15.00 per meal for those under 60

Dining room is open from 11:30 am - 1:00 p.m.

\* Menu is subject to change \*





The ADRC can help connect you with resources that you may need, such as food, transportation, in-home services and supports, and eligibility for programs that can help meet your needs.

Website: [www.linksprc.org](http://www.linksprc.org)



Our mission is to “Support Alaskans affected by Alzheimer’s disease, related dementias and other disabilities to ensure quality of life.”

Address: 1750 Abbot Rd.

Anchorage AK 99507



**Alzheimer’s  
Resource  
of Alaska**

Website: [www.alzalaska.org](http://www.alzalaska.org) Phone: 907-561-3313 Statewide: 1-800-478-1080



**Ninilchik Traditional Council**

P.O. Box 39070  
Ninilchik, Alaska 99639  
Ph: 907 567-3815 / Cell: 907 394-8866  
E-mail: [bumps@ninilchiktribe-nsn.gov](mailto:bumps@ninilchiktribe-nsn.gov)  
Website: [www.ninilchiktribe-nsn.gov](http://www.ninilchiktribe-nsn.gov)

**For Everyone**

**Monday, Wednesday, Friday**

\*Schedule may change due to weather- call us to check  
Bus does not run-on Federally Recognized Holidays

Cost  
\$10.00 Round Trip  
\$7.00 one-way

Red North (Red Line)		Blue South (Blue Line)	
Ninilchik (NTC Resource Building)	9:00 am	Kenai (Walmart/Airport)	1:00 pm
Happy Valley (HV Store)		Soldotna (Fred Meyers)	1:30 pm
Anchor Point (Cheeky Moose)		Kasilof (Post Office)	
Homer (Safeway)	9:45 am	Clam Gulch (Post Office)	
Anchor Point (Cheeky Moose)		Ninilchik (NTC Resource Building)	2:30 pm
Happy Valley (HV Store)		Happy Valley (HV Store)	
Ninilchik (NTC Resource Building)	10:30 am	Anchor Point (Cheeky Moose)	
Clam Gulch (Post Office)		Homer (Safeway)	3:15 pm
Kasilof (Post Office)		Anchor Point (Cheeky Moose)	
Soldotna (Fred Meyers)	11:30 am	Happy Valley (HV Store)	
Kenai (Walmart/Airport)	12:00 pm	Ninilchik (NTC Resource Building)	4:00 pm

Please call for pick up at Happy Valley, Anchor Point, Clam Gulch and Kasilof.

# THE TERRACE DECEMBER 2024



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 12:30 Darlene Movie <b>The Best Exotic Marigold Hotel</b>	2 10:30 Exercise Deb S in the Den 1:30 Cheyenne's Karaoke 2:00 Feed the Needy	3 9:00 Shopping Lists 10:00 Resident Council 10:30 The Clothing Boutique Open <b>2:00 Reading Group</b>	4 <b>10:30 Pastor Vic Devotion and Prayer</b> 1:30 Seasonal Crafts	5 10:30 Exercise Deb S 1:30 Pet Therapy Orsa 1:00 Yahtzee w/Darlene	6 10:30 Skipbo w/Tim in the Den	7 <b>10:30 Ukulele Group</b> 12:30 Bingo
8 12:30 Debbie Movie <b>Superman 3</b>	9 10:30 Exercise Deb S in the Den 1:30 Cheyenne's Karaoke 2:00 Feed the Needy	10 9:00 Shopping Lists 10:30 Clothing Boutique 2:00 Painting	11 10:30 Quiet Book Club 1:30 Seasonal Crafts	12 <b>9:00 Haircuts</b> 10:30 Exercise Deb S 1:30 Pet Therapy Orsa 1:00 Yahtzee w/Darlene	13 10:30 Skipbo w/Tim in the Den	14 <b>10:30 Ukulele Group</b> 12:30 Bingo
15 12:30 Debbie Movie <b>Harvey</b> 1:00 2nd Sunday Shakespeare <b>Winter's Tale</b>	16 10:30 Exercise Deb S in the Den 1:30 Cheyenne's Karaoke 2:00 Feed the Needy	17 9:00 Shopping Lists 10:30 Clothing Boutique 2:00 Painting	18 <b>10:30 Pastor Vic Devotion and Prayer</b> 1:30 Seasonal Crafts	19 10:30 Exercise Deb S 1:30 Pet Therapy Orsa 1:00 Yahtzee w/Darlene	20 10:30 Skipbo w/Tim in the Den	21 <b>First Day of Winter</b> <b>10:30 Ukulele Group</b> 12:30 Bingo
22 12:30 Debbie Movie <b>Narnia The Lion, The Witch, and the Wardrobe</b>	23 10:30 Exercise Deb S in the Den 1:30 Cheyenne's Karaoke 2:00 Feed the Needy	24 9:00 Shopping Lists 10:30 Clothing Boutique 2:00 Painting	25 <b>Christmas Day</b> <b>11:30 Family Lunch</b> <b>1:00 Miracle on 34th Street</b>	26 10:30 Exercise Deb S in the Den 1:30 Pet Therapy Orsa 1:30 Yahtzee w/Darlene	27 10:30 Skipbo w/Tim in the Den	28 <b>12:30 Bingo</b>
29 12:30 Debbie Movie <b>A Beautiful Day in the Neighborhood</b>	30 10:30 Exercise Deb S in the Den 1:30 Cheyenne's Karaoke 2:00 Feed the Needy	31 9:00 Shopping Lists 10:30 Clothing Boutique 2:00 Painting	10:30 Quiet Book Club 1:30 Seasonal Crafts			

Schedule is subject to change  
1:1's Daily and Pet Therapy Weekly  
Spontaneous Van Trips Throughout the Week






# DECEMBER 2024

## Friendship Center



Schedule is subject to change  
11:30 Lunch Daily 1:30 Snack

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 9:00 Baking for Firehouse 10:00 Art Project 10:30 Exercise 12:30 Armchair Nordic Places 1:30 Word Games	3 9:00 Shopping Lists/Cards 10:00 Resident Council 10:30 Drum Exercise 12:30 Bingo 1:30 Trivia	4 9:00 Blanket Group 10:00 Zumba 10:45 Pet Therapy Dogs 12:30 Trip Coles Market 1:30 Board Games	5 9:00 Cards 10:00 Crafts 10:30 Exercise 12:30 Trip Art Library 1:30 Pet Therapy Orsa	6 9:00 Baking 10:00 Tai Chi 10:30 Kids Visit 1:00 Movie <b>Benny and Joon</b>	7
8	9 9:00 Baking for Clinic 10:00 Art Project 10:30 Exercise 12:30 Armchair Paris 1:30 Word Games	10 9:00 Shopping Lists/Cards 10:00 Drum Exercise 10:30 Documentary 12:30 Bingo 1:30 Trivia	11 9:00 Blanket Group 10:00 Zumba 10:45 Pet Therapy Dogs 12:30 Music 1:30 Board Games	12 9:00 Haircuts/Cards 10:00 Crafts 10:30 Exercise 12:30 Trip Pratt 1:30 Pet Therapy Orsa	13 9:00 Baking 10:00 Tai Chi 10:30 Kids Visit 1:00 Movie <b>Home Alone</b>	14
15	16 9:00 Baking for Recovery ctr 10:00 Art Project 10:30 Exercise 12:30 Armchair Markets 1:30 Word Games	17 9:00 Shopping Lists/Cards 10:00 Drum Exercise 10:30 Documentary 12:30 Bingo 1:30 Trivia	18 9:00 Blanket Group 10:00 Zumba 10:45 Pet Therapy Dogs 12:30 Party Matthew Cello 1:30 Board Games	19 9:00 Cards 10:00 Crafts 10:30 Exercise 12:30 Trip Library 1:30 Pet Therapy Orsa	20 9:00 Baking 10:00 Tai Chi 10:30 Kids Visit 1:00 Movie <b>The Polar Express</b>	21 First Day of Winter 
22	23 9:00 Baking for WHE 10:00 Art Project 10:30 Exercise 12:30 Armchair Lights 1:30 Word Games	24 9:00 Shopping List 10:00 Drum Exercise 10:30 Documentary 12:30 Bingo 1:30 Trivia	25  <b>ADS Closed Christmas Day</b>	26 9:00 Cards 10:00 Crafts 10:30 Exercise 12:30 Trip Ulmers 1:30 Pet Therapy Orsa	27 9:00 Baking 10:00 Tai Chi 10:30 Kids Visit 1:00 Movie <b>Eight Below</b>	28 
29	30 9:00 Baking for Staff 10:00 Art Project 10:30 Exercise 12:30 Armchair Disney 1:30 Word Games	31 9:00 Shopping Lists/Cards 10:00 Drum Exercise 10:30 Documentary 12:30 Bingo 1:30 Trivia				



Homer Senior Citizens, Inc.  
3935 Svedlund St  
Homer, AK 99603

Nonprofit Organization  
U.S. Postage Paid  
Permit 11  
Homer Senior Citizens, Inc.  
Homer, Alaska 99603

If you are in Homer community, come have lunch! Dine-In lunch includes soup, salad, entrée, dessert, and beverage with Table Service.  
Take-Out includes salad & entrée. Soup for an additional \$3 is available.

**NEW COMMUNITY LUNCH TIME: Monday - Friday 11:30 to 1 pm food service.**  
Stay and socialize until 2 pm!

**\*\* Please make reservations for Take-Out at least 1 day in advance. \*\***  
**235-4555 or 235-7655**

**Seniors aged 60 +, \$7 suggested donation. \$15 for guests aged 59-12 (must be accompanied by a senior). \$5 children under 12.**

